



North Coast Hemi Sling

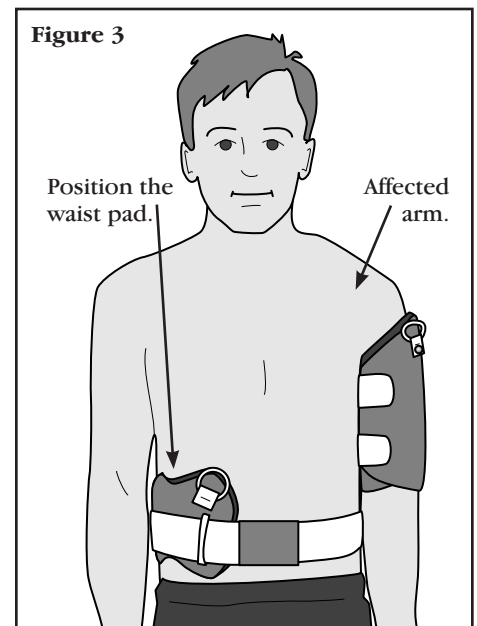
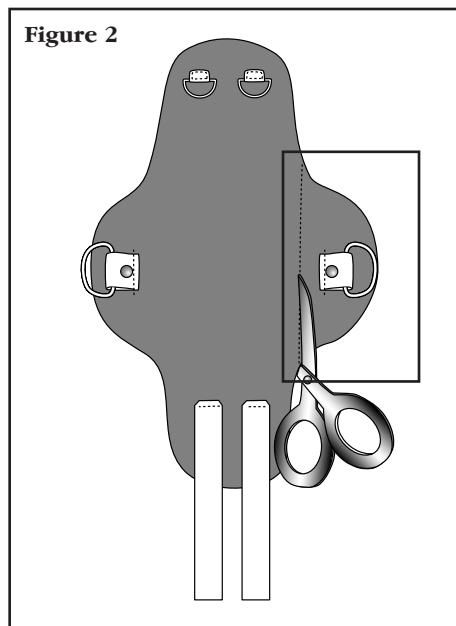
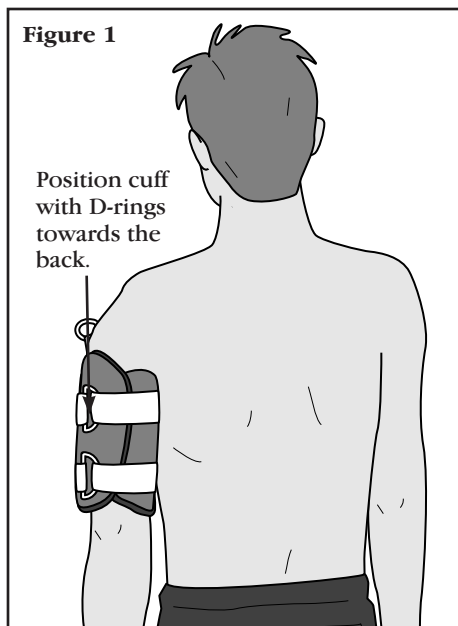
Indications

Use the North Coast Hemi Sling to help reduce subluxation or dislocation of the glenohumeral joint.

The North Coast Hemi Sling employs a unique three point pressure design to help reduce shoulder subluxation or dislocation. Where other slings apply pressure under the unaffected arm, the North Coast Hemi Sling “holds” the affected scapula down with a diagonal force applied at the waist. The textured cuffs stay in place and distribute pressure comfortably and evenly.

Once the North Coast Hemi Sling is fit by a health care professional, it can be donned and doffed independently by simply loosening the humeral cuff and releasing the anterior diagonal strap.

Instructions For Use



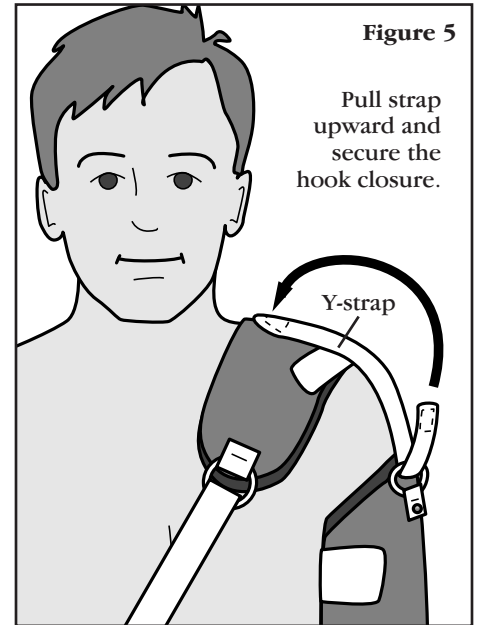
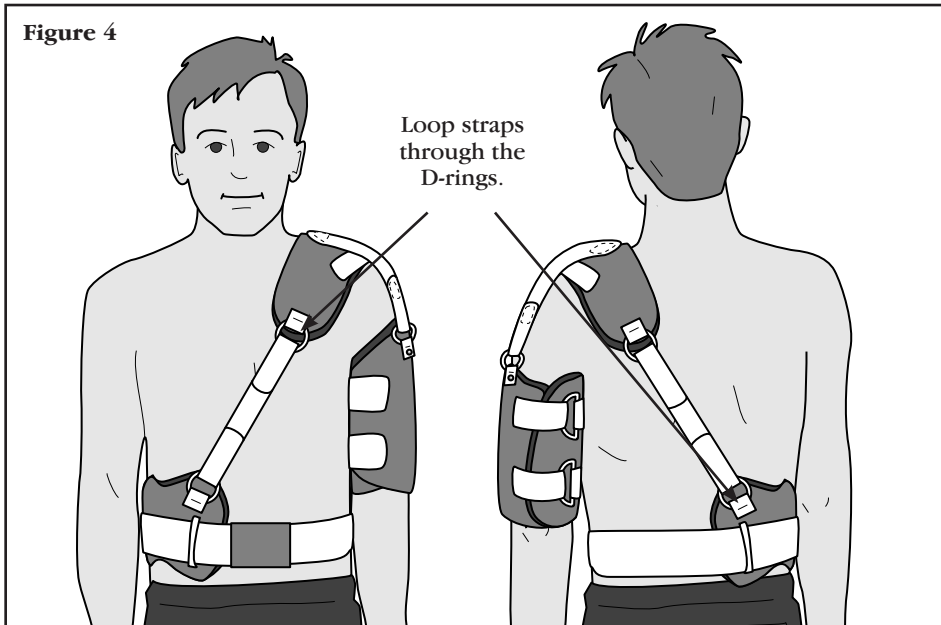
1. The humeral cuff is designed for use on either the right or left arm. Slip the loop straps through the D-rings and close loosely. Slide the cuff on the affected arm and position with the D-rings towards the back. Tighten both straps so that the cuff is snug but not so tight as to cause discomfort. Trim the loop straps so that they extend approximately two inches beyond the hook closure. This will allow the cuff straps to be loosened, rather than released, for donning and doffing. (Figure 1.)

2. The cuff length may be trimmed with scissors for a proper fit (Figure 2). The area framed by the dashed line in Figure 2 may be trimmed off to eliminate the extra D-ring as desired. Leaving this extension on will not lessen the effectiveness of the sling.

3. Position the waist pad opposite to the affected arm and fit the waist belt to the client. You may trim the excess belt material, taking care not to over-shorten the strap. (Figure 3.)

Note: The North Coast Hemi Sling waist pad offers universal use for either the right or left side. Before attaching chest and back straps, make sure that the waist pad D-ring is flipped upward, as shown above.

North Coast Hemi Sling Instructions



4. Position the shoulder pad on the affected shoulder. Loop the chest and back straps through the D-rings on the shoulder pad and then through the D-rings on the waist pad (Figure 4). Adjust the straps so that the shoulder pad is centered on the shoulder. The waist pad can be positioned more anteriorly or posteriorly as needed so the chest strap does not impinge on the breasts of female users.
5. Loop the end of the “Y” straps from the shoulder cuff through the D-ring on the humeral cuff and pull upward to reduce the subluxation. Secure the hook closure. (Figure 5.)

Independent Donning and Doffing

To remove the sling, have the user loosen the “Y” strap without undoing it from the D-rings. Loosen the straps on the humeral cuff enough for it to be slipped off. Release the waist strap. Release the chest strap from the waist strap and slip the sling off. Do not release or loosen the back strap.

To don the sling, first loosely secure the straps of the humeral cuff through the D-ring and attach the shoulder pad. Next, slip the humeral cuff on and position the shoulder pad on the top of the shoulder. Tighten the straps of the humeral cuff. Position the waist pad and tighten the waist belt. Slip the chest strap through the waist pad D-ring and adjust for comfort.

Instructions For Care

1. Wash in cold water using a mild soap.
2. Air dry.
3. Do not dry near heat or in the sun.

Order Information

NC15999 Small/Medium
NC16000 Medium/Large

To be used under the guidance of a qualified medical professional.



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