



North Coast

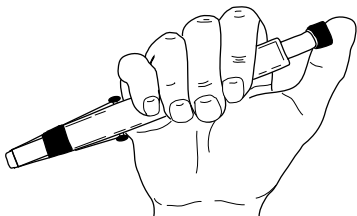
Thumbciser™

NC52051



Indications: For rehabilitation of injured thumb, to improve strength and range of motion.

Instructions For Use: Adjust the black rubber stop by using the outside tube for proper excursion length. This rubber stop is intentionally snug to



provide resistance. Its extra length provides for longer wear. It can be cut thinner with a utility knife for easier sliding and less resistance. Two sizes of rubber bands provide graded tension. Add more rubber bands to increase tension. Three sets of 10 repetitions are recommended several times each day. Therapists determine the exact exercise program suitable for patient.

Note: Rubber bands made of natural rubber latex.