

SMART-MirrorTM

Sensory Motor Activity Re-Trainer

Use mirror visual feedback to increase hand range of motion and decrease pain.





Mirror angle can be positioned per individual need.



- Use to treat upper extremity pain and limited motion due to phantom limb, hemiparesis, arthritis, complex regional pain syndrome or following hand surgery.
- Helps enhance motor planning and reduce kinesiophobia.
- Can be used for mirror therapy or as the final stage of graded motor imagery.
- Easy setup for one-handed use while in the clinic or at home.
- Sleek design offers function, mirror protection and compact storage.



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Progressive hand motions can be performed within the triangular space.

With the affected hand inside the SMART-Mirror™, one views the unaffected hand in the mirror and perceives the concealed hand as "normal".

- The mirror tricks the brain into visualizing the affected hand as moving in a pain-free, normal manner. This results in corrections of the mismatch between the motor output and the sensory feedback.
- Through repetitive use, the person may become less anxious about moving the affected hand, which encourages increased movement.
- Mirror therapy is most effective when practiced daily, making the SMART-Mirror™ ideal for home use.
- The three-hole opening enables ventilation and allows the therapist to view the affected hand during use.
- Visible mirror area: 8" x 13.4" (20 x 34 cm).
- Product weight: 2.75 lbs. (1.2kg).

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Mirror angle can be customized.

