

Polyvinyl Cold Pack

Intended Purpose

Used to provide therapeutic cold therapy for temporary pain relief and/or reduction of inflammation.

Indications

Muscle or joint injuries, post-operative recovery, sports injuries, arthritis flare-ups, and inflammation.

Contraindications

Sensitivity or hypersensitivity to cold, cold-induced injuries, circulatory disorders, open wounds, open sores/rashes, loss of sensation, allergic reactions, or skin irritation.

Instructions for Use

1. Place flat in a freezer for two hours. Do not chill below -4° F (-20° C). Prolonged freezing at a temperature below -4° F (-20° C) could cause contents to freeze solid.
2. Place a hand towel between the skin and the pack.
3. Cool affected area for 20 minutes.
4. Allow a 30-40 minute break between cold therapy treatments on affected area.

Instructions for Care

1. Clean with soap and water.
2. Wipe all moisture from pack before returning to freezer.

Warning

Keep out of reach of children.

Do not place directly on skin.

Constantly monitor the pack application to ensure the patient's skin is not being irritated.

Do not sit, lie or sleep on the pack.

Do not rub against sharp surfaces.

Caution – if internal contents:

Leak

Immediately discontinue use of product.

Are swallowed

Immediately give a glass of water.

If harmful effect occurs, contact a medical professional.

Come into contact with EYES

Wash out immediately with fresh running water.

Ensure complete irrigation of the eye by keeping eyelids apart and away from eye and moving the eyelids by occasionally lifting the upper and lower lids.

If pain persists, seek medical attention.

Removal of contact lenses after an eye injury should only be undertaken by skilled personnel.

Come into contact with SKIN

Immediately remove all contaminated clothing, including footwear.

Flush skin and hair with soap and running water.

If irritation occurs, seek medical attention.

