



# GLADIATOR™

## Wrist & Thumb Orthosis

### Indications

Use for firm wrist and thumb support. Assists with proper healing and pain relief following wrist sprains, TFCC injuries, and post-surgical distal radius fractures.

### Instructions for Use

- 1 Loosen all straps and slide hand into the orthotic, with the ventilated fabric on top of the forearm. Be sure that the support stay is placed on the palm side of the hand.
- 2 Slide the orthotic as far back on the forearm as possible. The palmar end of the orthotic should lie below the palmar crease. The three metal stays can be bent for a custom fit.
- 3 Start with the forearm strap closest to the bicep. Route strap over the forearm into the D-ring hole and tighten using the low-profile hook and loop. Continue counterforce strapping as you progress up the orthotic toward the wrist. (See strapping diagram at right)
- 4 Wrap the extra-long distal strap around the wrist two times (Fig. 1). *Optional:* Wrap around palm and continue wrapping around the wrist (Fig. 2).
- 5 Fasten the straps so the orthotic feels snug, but not so tight that it interferes with circulation.



### Instructions for Care

Hand wash in warm water with mild soap and air dry. Machine washing and drying may damage the support.

### Sizing

To size, measure the wrist circumference.



#### Comfort Cool® Gladiator™ Wrist & Thumb Orthosis

Left	Right	Size	Wrist Circumference
NC86650	NC86651	Small	6" to 7" (15 to 18 cm)
NC86652	NC86653	Medium	7" to 8" (18 to 20 cm)
NC86654	NC86655	Large	8" to 9" (20 to 23 cm)
NC86656	NC86657	X-Large	9" to 10" (23 to 25 cm)

Guaranteed against defects in material or workmanship. Replacement will not be made for products misused or abused.

North Coast Medical, Inc.  
780 Jarvis Drive, Suite 100  
Morgan Hill, CA 95037 – U.S.A.



North Coast Medical, Inc.  
www.ncmedical.com

**Caution:** If discomfort increases or persists, discontinue use and seek medical advice. To be used under the guidance of a qualified medical professional.

**SINGLE  
PATIENT  
USE**

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