



**Cost-effective rehabilitation
for the ankle, knee and shoulder.**

Ankle Arc plus™ helps your patients get functional quickly and safely. Unique shape allows training in a triplanar motion so that the foot can accommodate even and uneven surfaces more easily. Exercises may be performed while lying, seated, or standing. Can be used for scapular stabilization activities.

Ankle Arc plus™ is made of durable, polyethylene foam for long-lasting use. Affordable and lightweight, this portable device can be taken home so that patients can continue their progressive exercises between clinic visits. Provides an excellent closed-chain regimen. Includes an easy-to-follow exercise sheet.

- NC57060 For people under 175 lbs. (under 79kg)
- NC57061 For people over 175 lbs. (over 79kg)



*Helps improve
range of motion,
coordination,
strength, balance,
flexibility,
and agility.*

*Unique shape allows training
in a triplanar motion.*



*Cost effective,
lightweight
and portable.*



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