



Indications

Ideal for CMC and MP joint arthritis or ligament injuries at the thumb following CMC or MP reconstruction. Use to support the CMC joint, MP joint and thumb while allowing free wrist and IP joint motion.

Instructions For Use

1. Heat splint pan water to 140 to 160° F (60° to 72° C). Place the precut splint in the heated water until it becomes pliable.
2. Remove the splint from the water and wrap it around the affected hand. Wrap splint lightly around the thumb and trim any excess material with scissors.
3. Place the splint over the dorsum of the thumb. Bring the dorsal tab around the proximal phalanx and then stretch the volar tab to wrap over the dorsal tab. See illustration. Molding the splint may take a few steps. As the splint hardens, reheat as necessary to keep pliable.
4. Gently rotate the thumb to ensure adequate clearance. There should be enough room to put on and take off the splint over the IP joint.
5. Next, lightly roll the distal edge to free the IP joint for flexion and extension.
6. Apply strap to fit around the ulnar border of the hand. An elastic strapping material is recommended.

Instructions For Care

Wash surface using mild soap and cool water. Best to store at room temperature. Avoid heat due to potential changing of shape and melting.

Order Information

- NC33980-1 3/32 NCM Preferred® (package of 3)
 NC33980-1E 3/32 Encore™ (package of 3)

To be used under the guidance of a qualified medical professional.



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