



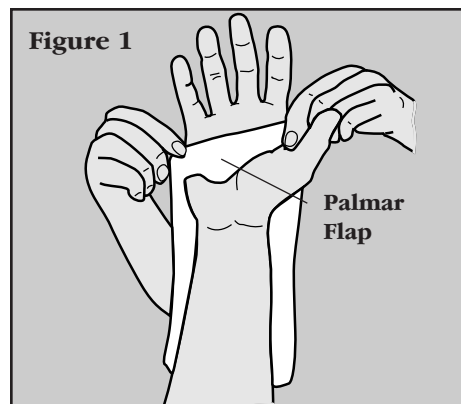
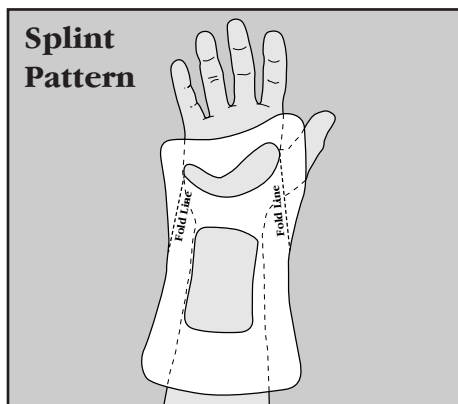
North Coast

Dorsal Cock-Up Splint

Indications

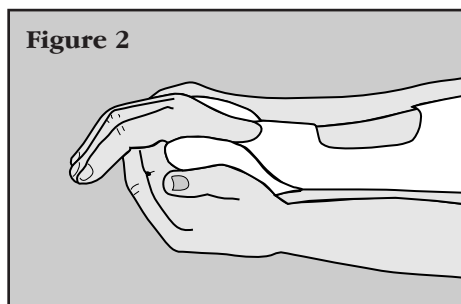
Ideal for any condition requiring maintenance of the wrist in a functional position or a tone inhibiting position. May be used as a base for dynamic splinting.

This splint is often used for flaccid or hypertonic hand for such conditions as hemiplegia, brachial nerve plexus injury and radial nerve palsy.



Instructions For Fabrication

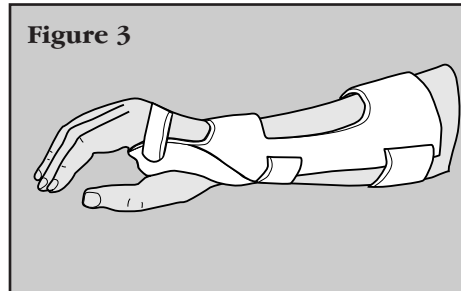
- Place precut in 150° to 160° F (66° to 71° C) water for optimal heating.
Note: Orfit® has no coating and may be sticky during molding. Add several tablespoons of clear liquid soap to the water to decrease stickiness.
- Place the warm splint on the pronated arm. Make sure the palmar flap is on the ulnar side of the hand, facing toward the wrist (Figure 1).
- Fold up both lateral flaps symmetrically along the fold lines (Figure 2). Press firmly to improve rigidity.
- Position the wrist and mold the hand arches.
- Trim borders as needed and lightly flare the proximal edge. Apply straps (Figure 3):
 - 2" (5.1cm) wide strap across the forearm
 - 2" (5.1cm) wide strap across the wrist.
 - 1" (2.5cm) wide strap across the dorsal hand as needed.



Order Information

Determine size by measuring the width from the second to the fifth MP joints.

1/12" Orfit® Perforated		MP Circumference	Wrist Circumference
NC33765-1	Small	6.5" to 7.5" (16 to 19 cm)	5.5" to 7.5" (14 to 19 cm)
NC33765-2	Medium	7.5" to 8.5" (19 to 21 cm)	6.5" to 8.5" (16 to 21 cm)
NC33765-3	Large	8" to 9" (20 to 23 cm)	7.5" to 9.5" (19 to 24 cm)
1/8" Encore		MP Circumference	Wrist Circumference
NC33752-1E	Small	6.5" to 7.5" (16 to 19 cm)	5.5" to 7.5" (14 to 19 cm)
NC33752-2E	Medium	7.5" to 8.5" (19 to 21 cm)	6.5" to 8.5" (16 to 21 cm)
NC33752-3E	Large	8" to 9" (20 to 23 cm)	7.5" to 9.5" (19 to 24 cm)
1/8" Omega™ Max		MP Circumference	Wrist Circumference
NC37521-1	Small	6.5" to 7.5" (16 to 19 cm)	5.5" to 7.5" (14 to 19 cm)
NC37521-2	Medium	7.5" to 8.5" (19 to 21 cm)	6.5" to 8.5" (16 to 21 cm)
NC37521-3	Large	8" to 9" (20 to 23 cm)	7.5" to 9.5" (19 to 24 cm)
1/8" NCM Preferred		MP Circumference	Wrist Circumference
NC33960-1	Small	6.5" to 7.5" (16 to 19 cm)	5.5" to 7.5" (14 to 19 cm)
NC33960-2	Medium	7.5" to 8.5" (19 to 21 cm)	6.5" to 8.5" (16 to 21 cm)
NC33960-3	Large	8" to 9" (20 to 23 cm)	7.5" to 9.5" (19 to 24 cm)



Instructions For Care

Splint may be washed in warm soapy water. Store at room temperature. Avoid heat due to potential changing of shape due to melting.

To be used under the guidance of a qualified medical professional.



North Coast Medical, Inc.
Gilroy, California U.S.A.
Authorised Representative
Medica Surgical Innovations Ltd.
BB2 4PB UK