

## **Hot/Cold Therapy Wraps**

Hand/ Elbow

Basic

Neck/

Low Back

## Conforming, reversible wraps allow application of hot or cold packs most anywhere.



The combination of hot/cold packs and wraps are ideal for safe, effective, long-lasting hot or cold therapy. Each wrap contains one or more Economy Hot/Cold Packs, sold below. The wraps are made of soft, 1/16" (1.6mm) hook-compatible foam material on one side and nylon mesh on the other side. Wraps may be reversed for less intense thermo application or deep, penetrating therapy. Hook closure makes pack removal easy. Includes separate elastic straps with hook ends to secure packs. Additional 1-1/2" (1.3 cm) wide assorted elastic and hook straps are sold separately. Assortment includes one each: 24", 10" and 6" (61, 25, 15 cm) elastic strap with hook ends, and one 4" (10 cm) hook strap. To clean wraps, machine wash in cool water and air dry.



Knee

Shoulder

## HOT/COLD THERAPY WRAPS

NC70573	Basic	5" x 10½" (13 x 27 cm)
NC70574	Hand/Elbow	10" x 15" (26 x 39 cm)
NC70575	Neck/Low Back	$10^{\prime\prime} \ x \ 24^{\prime\prime} \ (26 \ x \ 61 \ cm)$
NC70576	Knee/Shoulder	10" x 20" (26 x 51 cm)
NC70577	Strap Assortment (4)	

## **ECONOMY HOT/COLD PACKS**

Economical and reusable thermo packs.

Use these packs with the North Coast<sup>™</sup> Hot/Cold Therapy Wraps, sold above. Soft gel remains pliable when frozen. Packs can be heated in warm water on a conventional stove or microwaved in a container with water. Remains hot or cold for 20 minutes.

4" x 6½" (10 x 17cm)		5" x 10½" (13	5" x 10 <sup>1</sup> / <sub>2</sub> " (13 x 27 cm)		8" x 11½" (20 x 29 cm)	
NC70517	(1)	NC70519	(1)	NC70520	(1)	
NC70517-12	(12)	NC70519-12	(12)	NC70520-6	(6)	



