



North Coast

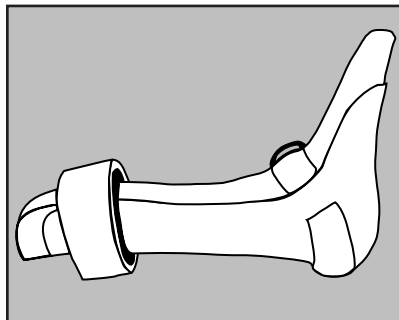
# Lightweight Footdrop Splint

## Indications

Used to prevent footdrop contractures and maintain good foot alignment. May be used with neurological injuries, spinal cord injuries or for extended bed rest. It is not intended for weight bearing.

## Instructions for Use

1. Open straps and place the foot into the splint. Make sure the heel is well positioned in the splint.
2. Put the ankle strap over the ankle through the D-ring and secure with the hook. Repeat with the calf strap.
3. If adjustments are needed, use shears to trim the splint. A heat gun may be used when reshaping is required.



## Instructions for Care

1. Both the shell and liner may be washed in warm water with a mild detergent.
2. Rinse thoroughly.

## Sizing

Size	Calf	Instep	Metatarsal
Medium	10" or less (25cm or less)	9" or less (23cm or less)	7" or less (18cm or less)
Large	10" to 13" (25 to 33cm)	9" to 12" (23 to 31cm)	7" to 8¾" (18 to 22cm)
X-Large	13" or more (33cm or more)	12" or more (31cm or more)	8¾" or more (22cm or more)

Left	Right	
NC18520	NC18521	Medium
NC18522	NC18523	Large
NC18524	NC18525	X-Large



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To be used under the guidance of a  
qualified medical professional.