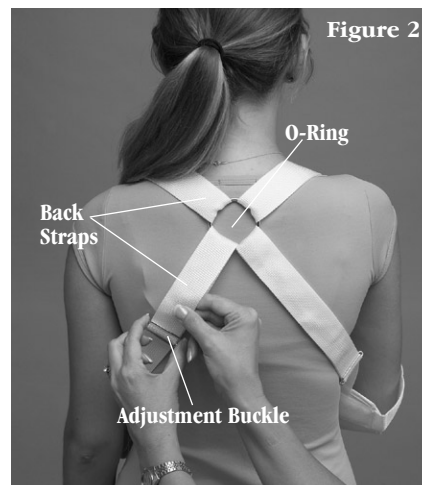


Indications

This sling provides support to keep a weak injured arm protected and close to the body. Also helps to reduce shoulder subluxation. Commonly used for neurological conditions. Fits right or left arm. Sturdy straps are easily adjusted with metal buckles. The cuff strap is secured with a hook and loop fastener.

Once fitted, the sling can be put on and removed without assistance by following the pictures below. (Figure 3 - Figure 8)



Instructions For Use

- 1) Put the sling in your lap with the elbow cuff on the side of the affected arm. Unhook the cuff strap to separate the elbow cuff and the hand cuff. (Figure 3, shown with affected right arm)
- 2) Place the unaffected arm through the hand cuff. Then, holding the sling by the O-ring, place it over your head, as shown above (Figure 4), and place the O-ring between the shoulder blades.
- 3) Position the elbow cuff so that it is near the elbow. Do not pull or tug on the cuff. Tugging on the cuff will pull the O-ring off center. (Figure 5)
- 4) Make sure all four back straps are laying flat. Assistance for the first time will be needed to adjust the back straps correctly. (Figure 2) Make any necessary adjustments to correct the length of the straps by sliding the straps through the adjustment buckles. There are four adjustment buckles, one on each of the four straps attached to the O-Ring.



Figure 6



Figure 7



Figure 8

- 5) Leaning toward the unaffected side, place the elbow cuff around the affected elbow using the unaffected hand. (Figure 6)
- 6) Reach through the hand cuff with the unaffected arm, scoop and lift the affected hand and place it into the hand cuff. (Figure 7)
- 7) Align the elbow cuff and hand cuff so that the elbow and hand are level to each other. Do this by making further length adjustments to the straps with the adjustment buckles.
- 8) Attach the hook end of the cuff strap to the loop material on the hand cuff. This cuff strap prevents the elbow cuff and hand cuff from moving independently of each other. (Figure 8)

Instructions For Care

The sling is hand washable in a mild detergent and cold water. Air dry only. Fits either the left or right arm.

To be used under the guidance of a qualified medical professional.



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