



North Coast

Tennis Elbow Strap



Indications

Use the Tennis Elbow Strap to provide pain relief from tendinitis and lateral and medial epicondylitis. A felt orthopedic pressure pad provides extra compression on the injured tissue to help reduce forearm muscle exertion. Made of breathable rubberized material that is latex free.

Instructions For Use

1. Position the Tennis Elbow Strap on the upper forearm approx. 1" (2.5cm) below the elbow or over the site of pain.
2. Center the felt pressure pad on the painful lateral (outside) muscle or medial (inside) muscle of the forearm.
3. Place the strap through the D-ring and secure with the hook and loop closure. The support should fit snugly yet comfortably.

Instructions For Care

Wash in cold water using a mild soap and air dry.

Order Information

To size, measure circumference 1" (2.5cm) below the elbow. Fits the right or left arm.

NC15423	X-Small	8" to 9" (20 to 23 cm)
NC15424	Small	9" to 10" (23 to 25 cm)
NC15425	Medium	10" to 11" (26 to 28 cm)
NC15426	Large	11" to 12" (28 to 31 cm)
NC15427	X-Large	12" to 14" (31 to 36 cm)



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