



NCM Thumb Hole Wrist Cock-up Splint (precut)

Indications

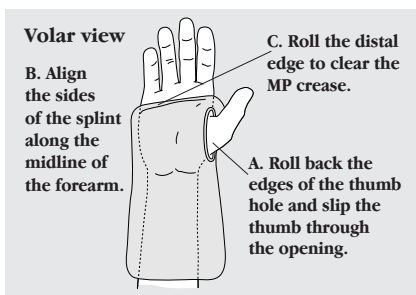
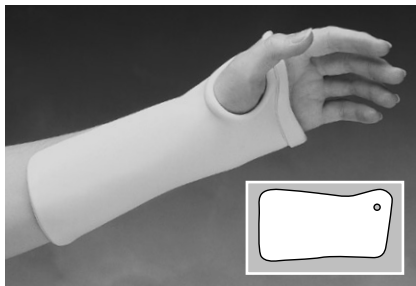
Ideal for any condition requiring the wrist to be stabilized, with the fingers and thumb free for full motion. Typically used for carpal tunnel syndrome, sprains or strains of the wrist, arthritis and following cast removal.

Instructions For Fabrication

1. Heat splint pan water to 150° to 160° F (66° to 71° C). Place the precut in heated water until it becomes pliable. Remove from water. Gently stretch and roll the thumb hole opening to the desired size (A) to allow for unimpeded thumb rotation.
2. Position the wrist at the desired angle and slip the thumb through the thumb hole opening. Align the sides of the splint along the midline of the forearm (B). Roll the distal edge to clear the MP crease (C).
3. Gently mold the splint, pressing lightly around the thumb.
4. Trim the borders as necessary; lightly flare the proximal edge.
5. Attach straps as needed:
 - 2" (5.1cm) wide at forearm
 - 2" (5.1cm) wide at wrist
 - 1" (2.5cm) wide across dorsal hand

Instructions For Care

Clean with mild soap and lukewarm water. However, do not immerse splint in water greater than 120° F (51° C). Keep splint away from heat sources such as in a hot car, near open flames, radiators or ovens. A molded thermoplastic splint will lose its shape in temperatures over 120° F (51° C).



Precut: NCM Thumb Hole Wrist Cock-Up Splint

1/8" NCM Preferred®

NC33943-1	Small	(3)
NC33943-2	Medium	(3)
NC33943-3	Large	(3)

3/32" NCM Preferred®

NC33934-1	Small	(3)
NC33934-2	Medium	(3)
NC33934-3	Large	(3)

To be used under the guidance of a
qualified medical professional.



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