



Double swivel board promotes dynamic balance, core strength and proprioception.

- The Infinity™ 8Board® harnesses the natural rotational power of the hips and low back to mobilize the spine, hips, knees, and ankles. Engaging in a figure 8 motion promotes core stability, dynamic balance and flexibility.
- Once controlled core rotations are achieved, user can focus on generating greater centrifugal force and inertia by using the arms and legs to increase power, speed and dynamic control throughout the body.
- With the torso aligned and the core stabilized, segmented shoulders and hips learn to work together in a flowing, more graceful and powerful manner, facilitating cross-dominant coordination.
- Allows whole-body kinetic chain, balance and gait training in the clinic or at home. Ideal for weight loss, injury prevention and work/sport performance programs.
- Use to evaluate core stability, lower body flexibility, weight distribution, proprioceptive awareness and balance shifts for functional tasks or sport activities.



The Infinity™ 8Board® is compact and lightweight yet durable enough to handle weight up to 1,000 lbs. (454 kg).

- Can be used with other exercise equipment such as band/tubes, medicine balls and weights. By resisting the natural urge to turn on the disks, one generates greater core strength and coordination.
- Disc diameters are 10" (25 cm). Board adjusts in 1" (2.5 cm) increments from 25" to 29" (64 to 74 cm) long. Board weighs 2.8 lbs (1.3 kg.).
- Weight capacity: 1000 lbs (454kg).
- Made of ABS plastic. Made in the USA.

NC68700



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To purchase Infinity™ 8Board® or for additional information, go to ncmedical.com