

IF PRO1 Inclusive Fitness Upper Body Exerciser

Scientific Solutions

- Bi-directional movement and resistance.
- Resistance system 3 phase combination generator and eddy current brake with resistance output of 6 to 1000 watts.
- 1-20 levels adjustable in .1 increments providing 200 levels of resistance.
- Oversized recumbent, swivel seat moves fore and aft, up and down and swivels in a 360 degree radius stopping at every 90 degree angle. Equipped with therapist assist levers and pedals, leaving hands free for the user.
- Removable seat for wheelchair access. Wheelchair ramp included.
- True adjustable step-through design, allowing all users full access and ease of entry.
- Adjustable and reversible arm cranks for greater range of movement, variety and custom fit.
- Color coordinated adjustments: moving parts in red, adjustable parts in yellow.
- Fully adjustable head (35"-61" range) and monitor accommodates users of all
 heights and allows them to exercise while seated or standing, providing more
 exercise options and versatility.
- · Foot rests included.
- Heart Rate compatible with most wireless technology.

Intelli-Fit™ Features and Programs

- 7" LCD display with user friendly interface using tactile keypad, color coded with audible beep.
- Programs: One button Quick Start, Manual, Hill Profiles, Random Profiles, Heart Rate, Iso-Strength, Constant Work, Heart-Fit Test, Heart-Fit Training (4 levels with 3 programs at each level), Power-Fit Test, Power-Fit Training (4 levels with 3 programs at each level), Stress Test and Fit-Quik™.
- Administrative mode: includes custom messaging, 6 user defined languages, metric or US units of measure and other custom settings.
- Built-in twin Fans: 3 levels of intensity at low, medium and high.
- Power Burst 8 second burst of Iso-Strength. Available on all programs except: Heart-Fit Test/Training, Power-Fit Test/Training, Heart Rate, Iso-Strength and Stress Test.
- Automatic cool down after each exercise is completed.
- Download results to USB thumb drive. Simply plug your USB key in the Fit-Key slot and your workout will be copied in a text file for saving and printing.
- Display Feedback: Heart rate, time, RPM, calories, distance/miles, level, watts and MET's with two change view screens
- CSAFE port and 8-volt DC power port for TV or other controllers.
- Adjustable console angle to accommodate users at all positions.
- MP3 charger.



Technical Specifications

- Overall Dimensions: 60"L x 30 "W x 77" H
- Weight of unit: 218 lbs pre packaged
- Shipping Dimensions and weight:
 68"x32"x65" 263 lbs (Skid only)
 68 5/8" X 32 1/2" X 67 9/16" 298 lbs Boxed
- Maximum user weight: 500 lbs
- Self Generating with auto recharge battery backup. Low voltage AC adapter included.

Color

Frame: Silver Powder Coated

Covers: Metallic Gray with UV Protection

Warranty

3 year parts, 1 year labor. Exceptions: 1 Year warranty on pedals and seats. Wear items (rubber hand grips and pedal straps) are excluded from warranty.



Order Code

SF-PRO103-INT

www.ncmedical.com